



The Eastern Link

April 2025

Dear Parents/Carers,

As we reach the end of another academic term, our school community has shown continued improvements and has gone from strength to strength.

There has been much to praise the students for this term. There is a notable difference in the ethos and culture in our school community. The students' approach to learning and their willingness to embrace the school reset has been commendable.

Thank you for your continued support and partnership with us in your child's education. Your involvement in our school community is invaluable and I really appreciate the feedback that I have received from many of you - it has really helped improve the school!

I am extremely proud of what we have achieved as a school community this term, and I look forward to continue building on this success with you and our students in the new term.

I hope you have a restful break.

Yours sincerely

Mrs Adams

Acting Headteacher Eastern High



Debate Mate Discussion at Legal and General

The school's Debate Mate team attended their second competition of the year on Thursday, March 6th, at the Legal and General building. While achieving one victory, the team's conduct and engagement were exemplary.

Legal and General staff commended the pupils' dedication, passion, and ability to navigate complex discussions on financial ethics and investment. The team gained valuable experience and skills for future competitions.



Did You Know?
Debating has been going on since at least the 13th Century.

World Book Day Wonders

On 6th March for World Book Day, our creative staff and pupils decorated their classroom doors, with a wide range of authors and tales. Here are just a small selection of their fantastic creations. We also offered a range of activities during lunch time, including a treasure hunt in the library, with books as our treasure and chocolates the prize.

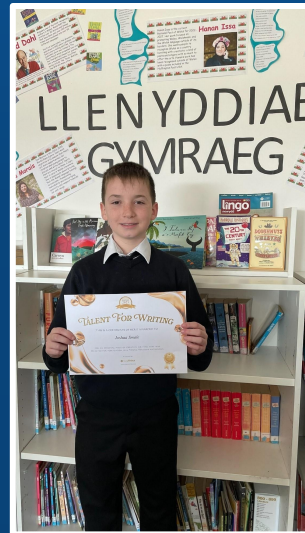


Published Poets – Eastern High Students Make Their Mark

We're thrilled to announce that 26 of our students have been selected for publication as part of the Young Writers poetry competition! Their commitment and hard work have truly paid off, and we couldn't be prouder of this incredible achievement.

It's a joy to see our students' voices being celebrated, and we can't wait to add these published pieces to our school library—showcasing the poetic talent of Eastern High.

Looking ahead, our young writers are already busy creating their own 'Grim Tales' for the next round of the competition. Watch this space!



Talking Their Way to the Top

| Position | School |
|----------|------------------------------------|
| 1 | Cathays High School |
| 2 | Willows High School |
| 3 | Eastern High School |
| 4 | St Teilos CIW High School |
| 5 | Cantonian High School |
| 6 | Fitzalan High School |
| 7 | Ysgol Gyfun Cymraeg Glantaf |
| 8 | Cardiff West Community High School |

We are incredibly proud to announce that our Debate Mate team is currently ranked 3rd among all schools in Cardiff—a fantastic achievement for our talented students.

Debate Mate is a national programme that helps young people develop their confidence, communication, and critical thinking skills through structured debating competitions. Teams from schools across the UK compete in exciting rounds where quick thinking and persuasive speaking are key.

What makes this success even more impressive is that the two schools ahead of Eastern High in the Cardiff rankings have long-established Debate Mate teams with highly experienced participants.

On a national level, Eastern High is currently ranked 42nd out of 95 schools across the UK—a brilliant result in a tough competition.

Huge congratulations to Team Eastern!



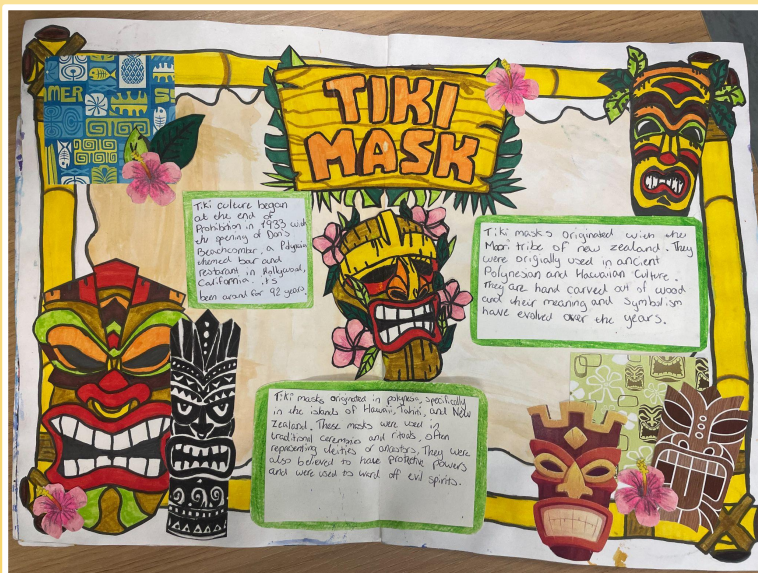
Making Their Mark: Eastern High's Rising Artists

Our talented students have been hard at work in the Art department, producing some truly impressive pieces. Below are just a few highlights showcasing their creativity, skill, and dedication.

One standout example comes from Jess in Year 10, who recently completed her first ever clay sculpture. With careful planning and hours of focused effort, Jess created a beautiful and expressive piece, a fantastic achievement for her first attempt at working with clay. Well Done Jes.



Last year, 61% of Eastern High students who took GCSE Art achieved grades A* – C, with an impressive 98% securing a GCSE qualification overall.



As part of our Art department's Masks module, Cerisson in Year 8 has produced a truly impressive and detailed piece of work. Their Tiki Mask page is visually captivating and showcases a high level of creativity, cultural awareness, and design skill.

This work beautifully reflects the Curriculum for Wales principles, encouraging learners to be ambitious, capable, and creative individuals.

Cerisson's exploration of cultural art forms and ability to express ideas visually demonstrates both independent thinking and creative confidence key aspects of our curriculum vision.

Congratulations, Cerisson, on this outstanding achievement. Your work is a brilliant example of the talent and potential we nurture here at Eastern High!

Did You Know?

The style and meaning of Tiki Masks vary from island to island, with Hawaiian Tikis often depicted as slender and elongated

In Year 10, Tayla has been hard at work on her themes pieces, based on Alice in Wonderland. She has used a range of materials to create her pieces, with just one example of her hard work on the left.

Congratulations Tayla on your creations and seeing all your hard work pay off.



Team Eastern Triumphs: A Half Term of Sporting Success!

The final week of last half term brought a flurry of fantastic results for our sports teams!

Our Year 9 netball team achieved a brilliant 16–5 victory against Cathays, looking sharp in their newly purchased Team Eastern dresses. A huge well done to all involved for both the performance and the team pride!

Our Year 9 footballers also ended the term on a high, with a 5–3 win over St Cyres, earning their well-deserved spot in the semi-finals of the Cardiff Cup.



This half term has continued to build on that momentum with even more sporting achievements:

On Wednesday 12th March, our Year 7 rugby team stormed to victory in the Cardiff Schools' Rugby Competition, finishing the day undefeated.

The success continued on Thursday 13th March, with our Year 8 rugby team also winning their Cardiff Schools' event—another undefeated run for Team Eastern!

A special shoutout to our girls' rugby team, who secured a tournament win with an outstanding record of four wins and one draw.

Our Year 7 rugby players, many of whom are new to the sport, have shown fantastic resilience and teamwork during friendly matches and are developing quickly as a team.

A massive congratulations to all of our students who have represented Eastern High with determination, skill, and pride. It's been a fantastic half term of sport—long may the success continue!

We're loving the energy in PE lessons this term! Just a quick reminder that all pupils need to bring a change of clothes for PE—taking part in school uniform isn't allowed.

Take a look at the image to see examples of the correct PE kit pupils can wear. Let's make sure everyone stays comfortable, safe, and ready to take part!

| Girls | | | | Boys | | | |
|---|----|------------|----|---------------|----|------------|----|
| Outside Kit | | Inside kit | | Outside kit | | Inside kit | |
| Plain black Sweat top (Not a School Jumper) | | | | | | | |
| | | | | | | | |
| Field/3G Only | | | | Field/3G Only | | | |
| | | | | | | | |
| | | | | | | | |
| or | or | or | or | or | or | or | or |
| | | | | | | | |

Learnners will be told beforehand what kit is required based on their activity blocks.

Key Dates for Your Diary

GCSE EXAMS

Year 11 Art and Textiles Practical
28th April to 1st May
All Day

School Closed
5th May
Bank Holiday

Year 10 & 11 Entry Level Maths
6th May
AM Exam

Year 11 Entry Level Science
7th May
AM Exam

**Year 10 & 11 Numeracy
and Entry Level English**
8th May
Numeracy AM
English PM

Year 11 Sociology
9th May
AM Exam

**Year 10 English Literature
and Year 11 Computer Science**
12th May
English AM
Computer Science PM

**Year 11 Geography
and Biology Exams**
13th May
Geography AM
Biology PM

GCSE EXAMS

**Year 11 Welsh
and Media Studies Exams**
14th May
Welsh AM
Media Studies PM

Year 11 Maths
15th May
AM Exam

Year 11 History
16th May
AM Exam

Year 11 Chemistry and PE
19th May
Chemistry AM
PE PM

**Year 10 English Literature and
Year 11 Computer Science & Sociology**
20th May
English AM
Computer Science & Sociology PM

Year 11 French
21st May
AM Exam

Year 11 Physics & History
22nd May
Physics AM
History PM

Year 11 English Language
23rd May
AM Exam

23rd May Last Day of Term
Hay Festival Trip

Uniform Matters: Looking Smart, Feeling Proud

Eastern High's school uniform is compulsory. Optional elements of the uniform are shown in the poster opposite.

School uniform is essential in building a sense of unity, equality and community, in our school.

Following our school reset, we have made significant steps forward with all pupils adhering to our uniform expectations and we appreciate the support from pupils, parents, carers and staff with delivering this progress.

UNIFORM

Compulsory uniform

- Black blazer, school crest available from reception
- White long or short sleeved shirt
- House tie
- Black skirt - to the low thigh/ knee
- Black trousers only - no jeans, leggings or skinny fit
- Black shoes or trainers - completely black, including the sole

Optional/ Allowed

- Black V-neck jumper/ cardigan - no brand names/ no other colours/ no hoodies
- Black tailored shorts (summer uniform only)
- Only religious headwear to be worn

Not Allowed

- Cross (all colours)/ trainers that are not all black e.g. Converse
- Cycling or lycra shorts/ sports shorts. Short skirts above the low-thigh

A full guide to our uniform requirements, including information on where to purchase items, is available on our website.

Attendance Matters

In order for pupils to perform their best academically, it is essential that they aim for their attendance to be at least 95%. Pupils who do not attend school frequently may fall behind with their work and be less likely to do well in their exams and assessments. In addition, those pupils who do not attend school for more than 5 days are at risk of a Fixed Penalty Fine from the Education Welfare Service.

We offer a variety of support and guidance if you are experiencing difficulties in getting your child to school. Please contact your child's Learning Family Tutor or House Manager for further information.

We understand that there are occasions that pupils are too unwell to attend school. If this is the case please can we remind you to call the school with your child's name and the reason for absence.

The school will require evidence of medical appointments such as a doctors note, appointment card or letter to authorise a child's illness/absence from school.

Support Available



0300 123 3393
Open 9:00 am - 6:00pm weekdays



0800 0684141
Open 9:00 am - midnight

Cardiff **Family**
Advice and Support



03000 133 133
Monday - Thursday (8:30 am - 5 pm), Friday (8:30 am - 4:30 pm)



0800 1111
Always open



116 123
Always Open