



Eastern High Newsletter Spring 2024

Dear Parent/Carer,

Welcome to our latest newsletter sharing some essential information and also celebrating the successes of the students at Eastern High.

You may remember that the school was inspected by Estyn in December 2022. The inspection was very positive and resulted in Estyn advising that the only follow up was a review a year after the inspection to ensure that the changes that we had carried out had made a difference. I am delighted to say that following a meeting between the Lead Inspector and myself and another meeting between the Lead Inspector and the Local Authority the school has successfully come out of the review period and Estyn do not feel the need for further monitoring.

This is fantastic news for the school and the community. The outcome is something we can all be proud of and indicates how far the school has come in the last 8 years.

School Governor Vacancy

We have a vacancy for a Parent Governor on the Governing Body. The Governing Body comprises of parent, staff, community and local authority representatives and its role is to hold the Headteacher to account for the overall performance of the school. The Governing Body meets five times a year but it is also expected that governors would sit on one of the sub-committees that meet three times a year. If you would be interested in serving on the body or would like to know more please email info@easternhigh.org.uk by 6th May 2024.

Jonathan Angell
Headteacher

Get help with school costs

The Welsh Government is offering parents/carers help with school costs – find out about the support your child may be eligible for, as well as additional funding available for their school.

Your child may be eligible for support:, please check using below links

<https://www.cardiff.gov.uk/ENG/resident/Schools-and-learning/Financial-support/School-Essentials-Grant/Pages/default.aspx>

<https://www.gov.wales/sites/default/files/publications/2023-06/get-help-school-costs-toolkit-secondary-schools-june-2023.pdf>

Free School Meals
School Essentials Grant
Universal Primary Free School Meals



KEY INFORMATION

Just a reminder that pupils should arrive to school in full uniform, which includes their House tie, shirt, blazer with Eastern High badge, and black trousers or skirt. Pupils should not be arriving to school in their PE kit. If there are any issues with uniform availability, please contact Learning Family Tutors in the first instance.



Good school attendance
supports children to feel
confident and happy about
school and learning

As a parent you can support your
child to enjoy school life to the
full by ensuring they **attend**
school EVERY day and also
arrive on time.

PERFORMING ARTS DEPARTMENT

The Easter Concert

On 20th March, our talented Performing Arts students put on a concert, supported by our dedicated team of teachers, showcasing pieces that the students themselves had written and performed.

Eisteddfod

On St David's Day, Year 7 took part in an Eisteddfod where we brought together a range of pupils and staff to celebrate Welsh culture and history. We celebrated through poetry, music, art and sampled some fantastic Welsh baking, from across the school, which tasted as good as it looked!

We also unveiled our new House Shields and names

Sherman Theatre Trip

A small group of Eastern High students recently performed at the Sherman Theatre as part of the Schools Drama Festival. They were not our usual performers and some are very anxious students. They did amazingly well and were excellent representatives of the school.

DEBATE MATE

Debate Mate is going strong, with our pupils enjoying weekly sessions with their mentor. They are learning, through games, the skills they need to debate. Their first debate competition was on March

13th at Willows High School. We had a nervous start, and sadly did not gain any wins. However, our team did Eastern proud! Next round 1st May 2024



DAY OF CULTURE AT EASTERN HIGH

On the 22nd February, for the first time at Eastern High, we celebrated a Day of Culture to reflect the diversity of our school. A number of students had expressed their desire to share their cultures with their peers. At lunchtime the canteen produced food from a number of different culinary cultures which was very popular. The canteen was also decorated with as many flags as the team could find!

After school there was a fashion display of students in a wide range of cultural dress accompanied by music from different cultures. There were also displays of work including art, poetry and posters.

House Shields

Before Christmas, Year 7 were challenged in their art lessons to design an emblem that would represent the four school houses and the house names were adapted to reflect a stronger Welsh identity. One design was selected for each house and then created by Mr Johnson as a shield. These four shields will be displayed in



Tŷ Gwyrdd Trevelin.
Trevelin is a town in Patagonia that was formed by Welsh speakers, and still use



Tŷ Melyn Cennin Pedr. Our national flower



Tŷ Glas Glyndŵr. A soldier who led the Welsh against the English rule



Tŷ Coch Draig. The symbol of our flag

MESSAGES FROM OUR HOUSE ACHIEVEMENT LEADERS

Ty Coch:

I would like to say how proud I am of everyone in Ty Coch for being in first place overall for the number of achievement points earned since September. This shows that we have a hardworking and committed bunch of students who are determined to succeed and have shown an excellent attitude to learning. As a House, we have also significantly improved our attendance which is having a very positive impact on attainment and achievement. Da iawn pawb! Keep up the excellent work!



Ty Coch has a large number of outstanding students academically across all year groups and it has been pleasing to see so many of them receive postcards home and positive phone calls for their efforts. We currently have a group of Year 11 students who are predicted to achieve an excellent set of GCSE results, including nine who are predicted 12 or more A*-C grades! We also have the Head Girl as part of our team in Ty Coch. She is an excellent role model for everyone in the House and leads by example with her positive attitude and drive to succeed.

It has been very pleasing this year to see so many students from Ty Coch taking part in the range of extra-curricular activities on offer. Sport, as mentioned, has been well represented but students have also thrown themselves into music, drama, debating and technology outside of school hours. The school productions have had a great number of Ty Coch students involved, many of which also gave their all during the school Eisteddfod and gained valuable points for the House.

Ty Glas

Glas House is in the lead of the House Championship and has most recently won the school Eisteddfod. The Glas House worked extremely hard in the competition having many pupils enter, including Lacey-Leigh Mills who did an excellent singing performance which provided points to Glas helping in the Glas victory.



Glas is a House which shows high resilience, an excellent attitude to learning and has the highest attendance in the school. As a House, we need to continue working toward increasing our attendance further and we thank you for your continued support with this.

Glas's success is a result of the pupil's hard work and the desire to be the best pupil's in the school. Several pupils have shown an exceptional attitude to learning. Zeray Demirci asked for and completed an additional GCSE in Turkish and is predicted to achieve 11 A* to C qualifications. Chanel Sheppard, predicted to achieve 4 A* qualifications, has also achieved the sporting achievement of playing Netball for the Region. Her younger brother also plays for the Bristol City football team which is a fantastic achievement.

Dominik Graczyk is a pupil who has worked exceptionally hard at Eastern High and deserves recognition. Dominik has shown excellent attendance and is predicted to achieve 13 A* to C GCSEs.

Glas pupils and staff have worked tirelessly to improve in the House Championship and for the first time in 8 years we are in first place. As a House, we thank you for your ongoing support.

Ty Gwyrdd

Ty Gwyrdd started the year with challenges, but under the hard work and guidance of our House Manager Mrs Jones and House Support Officer Mr Jones, we have seen so many success stories from mentoring and targeted support. Several of our Year 11 pupils, those who thought they would never even consider further education, are not only working hard towards their exam preparation, but have received college acceptances! Well done to Dylan Soloman on his conditional offer for multi-trades-construction at our CAVC site! We have seen some amazingly high green points, with Angelina Zarane achieving 348 green points!! As Miss Lloyd put it, "Ty Gwyrdd always put students well-being first and always offer support to our tutors to help them with their Learning Families." We could not put it better our selves, from the Sherman Theatre experience, to Phoenix Project and Start Well programmes, Team Green continue to go from strength to strength. Go Green



Ty Melyn

Melyn is a House which shows high resilience, an excellent attitude to learning and is famous for having the loveliest pupils in the school - often commented as the most polite, friendly and engaging (yes, I may be a bit biased too). We are the only house in the history of the school to achieve an incredible treble when we won the championship, Eisteddfod, and Sports day back in 2022. Many pupils have shown an exceptional attitude to learning. Melyn's student council and pupil voice have impacted the school as I gather their feedback and report back to the Senior Leadership Team: thanks to Eastern's pupils we now have a big focus on rewards and initiatives and they have given us lots of exciting ideas to report back with regard to future events and trips. It makes me proud to see how well our house works as a team to improve. We also have several pupils who have worked extremely hard and are predicted to achieve A* qualifications in multiple subjects. Melyn have some of the best athletes in the school with many representing Wales at the highest level for their age: including a young man travelling around the world representing Wales u16s as a first team player. I'm expecting us to compete this year and take the Sports Day trophy in our stride.





Eastern **Sporting Success**

Some amazing football results from Spring Term!

Monday:

Eastern 1-0 Llanishen

Demi Brown

MOTM from the other team - Maggie Jones

MOTM from us - Demi Brown

Tuesday:

Year 7 League Game

Eastern 2 - 0 Bro Morgannwg

Ella Machaj

MOTM from the other team - Ella Machaj

MOTM from us - Taylor Verallo-Nicholas



Year 8 Friendly:

Eastern 2 - 4 Bro Morgannwg

We were 2-1 up at half time due to a few girls having to leave and shoot off home.

Eastern 8 - 0 Corpus Christi

The following boys recently won the Cardiff and Vale Schools 5-a-side football tournament -

Bobo Evans

Ed Evans

Josh Samuel

Mason Nurse

Prudent Ogiesoba

Josh Samuel

Jayden Chichester

Bobo Evans was player of the tournament. Please congratulate them if you see them.





We are very proud to announce that Olivia Bellamy-Burrowes in Year 10 has received the Gold medal for the multiskills challenge in Hair and Beauty. She competed against hundreds of other college students aged 14 - 16 and won first prize for her designs. This is an incredible accomplishment and testament to Olivia's talent and hard work. Well done Olivia!

DATES FOR THE DIARY

- 9th May GCSE written exams start
- 23rd May Year 7 Parents Evening.
- 24th May Hay on Wye trip Y7 and 8
- 24th May Last day of term schools finishes normal time
- 3rd June Start of term school starts at normal time.
- 28th June Sports Day (weather permitting)
- Week beginning 1st July Year 6 Induction week
- 5th and 8th July INSET days (school closed to pupils)
- 5th July Year 11 Prom
- 9th July House Awards Evening
- 10th and 11th July School concert
- 11th July HPV catch ups
- 18th July Whole school trip day
- 19th July Last day of term