

## Eastern High End of Term Newsletter

Dear Parent/Carer,

I find it difficult to believe that I am already coming to the end of my second year as Headteacher of Eastern High. The school has continued to improve as evidenced by the very positive inspection report from Estyn. They will be checking in on the school at some point around Christmas 2023 to make sure we have made progress on the recommendations.

As we said goodbye to our Year 11s, a week later we welcomed what will be our new Year 7s as we ran our week-long induction programme. We have about 270 pupils joining us in September and it was wonderful to meet them and their parents this week.

Thank you for all your continued support and we look forward to building on that next academic year.

Mr Angell

## Fond Farewells and Croeso Too!

We say goodbye to many of our wonderful staff at the end of this term. Pob Lwc to them all. We are also welcoming a number of fantastic new staff to the Eastern Team, croeso!



### **Trips/Activities/Events**

## Hay on Wye Festival

Mr Emery our librarian (on his last day at Eastern High) & the English Dept took our wonderful book lovers to the Hay on Wye festival in May. His incredible work will live on in the joy of reading that so many of our young people feel.



### **The Climate Change Conference**

This term saw four of our pupils - Mercy Odumosu, Nancy Davies, Kian Lathan and Tameron Binder represent the school at the Climate Change Conference in Cardiff. They spent the day engaging with campaigners and charities, and considered how to help encourage young people in the battle against climate change, offering mature insight into this issue!



### **All in this Together! – Our School Summer Show**

After so much hard work and practice, our wonderful performing arts and musical stars pulled together to deliver an amazing showcase of High School Musical! Our very own Eastern High Wildcats were incredible and made us all proud!



### **Sporting Successes**

We have accomplished so much sporting success with amazing teamwork this term!

#### **Baseball**

We have seen success for our Year 7s, 8s and 9s, particularly in the Cardiff Baseball tournaments! It has also been lovely to see the increase in interest and excitement around baseball as a sport; a credit to our wonderful PE team!

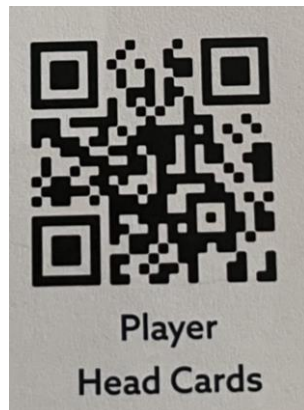


## Football

We have also seen great success across our school football teams, in the Cardiff Schools Secondary Fives Football competition and our own matches! Well done to all our fantastic players, keep up the good work!

## Netball

In the lead up to the Netball World Cup, it is lovely to see some of our young people becoming interested and excited about the sports- Thanks to Mrs Cobbold for her passion about Netball!



Scan the QR code if you want to learn more about the Welsh Feathers!

## Lingo Lounge Lunch Club

This term has seen great success for the Lingo Lounge Club, where languages shared have included: Hungarian, Arabic, Italian, Welsh, French and Russian. Pupils have also had an introduction to British Sign Language and Japanese! Well done to our Lingo Champions: **Marwa, Karalina, Abbas, Lorenzo, Renata, Jess and Keira.**

## Bee Well Lunch Club

The Bee Well lunch club is going strong, with so many pupils benefiting from the calm and supportive environment to flourish! There are opportunities for games, puzzles, crafts or just a chat; a great place to make friends.





### **Great Gardening, Green Fingers!**

A huge thank you to Miss Paynter and her EPLC class who have nurtured a previously neglected space, transforming this into a great garden for us all to use. As well as sunflowers, strawberries and beans, our pupils have planted hopes, dreams, and a calm environment for us all to benefit from.



### **Year 7 Girls in STEM**

30 of our Year 7 and 8 girls were invited to the University of South Wales, meeting women working in STEM (Science, Technology, Engineering and Maths) areas, to inspire how varied their future careers can be. Our pupils had the chance to make their own perfume, investigate a crime scene and make cement!



Following this trip, 3 of our pupils were selected to represent our school the ITV Wales studio; a huge achievement! Our fantastic pupils had a studio tour, a chance to meet presenters, taught key interview techniques and then let loose on interviewing, with their interview of a talented scientist awaiting publication...Watch this space!

### **Digging up the past at Big Pit**

Over 75% of our Year 7 pupils experienced more than a spadeful of history, during their visit to the Big Pit National Coal Museum. Our pupils were able to understand the history of the industry and the way it shaped the Wales we know today. Despite a few nerves about the lift and going underground, our pupils faced their worries head on and had an enjoyable and engaging day!



### **No More Knives**

The No More Knives Tour visited Eastern High, using music, real life stories and skill teaching to help our young people to say no to knives. It was incredible to see how engaged many pupils were and how empowering the message was for them, particularly with such a key issue!

South Wales Listens is a new engagement platform from South Wales police which will be pivotal in them continuing to achieve their vision of being the best at understanding and responding to the community. Used by over 30 forces across the Country – South Wales Listens will allow the Police to engage with harder to reach communities due to its translation functionality which allows for translation into over 100 different languages, as well as using Origin data to ensure our database is representative of the communities we serve.

### **Things to look forward to...**

Food and Fun is running again at Eastern High, with several of our Year 10 pupils acting as role models and helpers for the younger years. I know all the pupils are really excited for the amazing activities, friendships and skills they will gain. We will have a wonderful update in next term's edition on how they get on! Diolch to Miss Davies, Miss McCallion, Miss Thomas and Mr Jones for taking on this amazing opportunity for our pupils!

### **Times are changing!**

From September, we will see a slight change to the timings of our school day. This is to allow for a slightly longer afternoon learning family, to allow for check ins about the school day. Our days will now run as below:

- Arrive to school by 8.35
- Learning Family 8.40 - 8.55
- Lesson 1 8.55 - 9.55
- Lesson 2 9.55 - 10.55
- Break 10.55 - 11.15
- Lesson 3 11.15 - 12.15
- Lesson 4 12.15 - 1.15
- Lunch 1.15 - 1.45
- Lesson 5 1.45 - 2.45
- Learning Family 2.45 - 3.00

**Start of Term Dates:**

**4th September 2023:** Inset day for all Pupils

**5th September 2023:** Year 7 Pupils only

**6th September 2023:** All school years back to school.

**YOU CAN FIND ALL THE LATEST NEWS AND DOCUMENTS ON OUR SCHOOL WEBSITE**

**[WWW.EASTERNHIGH.ORG.UK](http://WWW.EASTERNHIGH.ORG.UK)**

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See you in September!!!